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# **POISONINGS**

### **PRIORITIES**

- 1. Assure rescue personnel safety
- 2. ABC's
- 3. Determine degree of physiological distress
- 4. Obtain vital signs, history and complete physical assessment including the substance ingested, the amount, time and route.
- 5. Bring ingested substance to hospital with patient, unless substance is suspected or known hazardous material
- 6. Consider contacting poison control
- 7. Consider early transport to the closest appropriate hospital

### FIELD ASSESSMENT/TREATMENT INDICATORS

- 1. Altered level of consciousness
- 2. Signs and symptoms of substance ingestion, inhalation, injection or surface absorption
- 3. History of substance poisoning

### PARAMEDIC SUPPORT PRIOR TO BASE HOSPITAL CONTACT

- 1. Assure and maintain ABC's
- 2. Oxygen therapy as clinically indicated, obtain oxygen saturation on room air, unless detrimental to patient condition
- 3. Monitor cardiac status
- 4. Obtain vascular access at a TKO rate or if hypotensive administer 500cc fluid challenge to sustain a B/P  $\geq$ 90mmHg. Pediatrics with B/P <80mmHg give 20cc/kg IVP and repeat as indicated
- 5. Charcoal 50gms for adult (pediatrics 1gm/kg). Administer P.O. if alert with a gag reflex or via NG tube if ALOC or no gag reflex. Charcoal is contraindicated with caustic ingestions.
  - **PRECAUTION:** Insertion of NG tube in conscious patient may lead to aspiration- airway management must be continually assessed.
- 6. For known organophosphate poisoning, give atropine 2mg IVP, repeat at 2mg increments if patient remains symptomatic (ie: excessive salivation, lacrimation, urination, diarrhea, vomiting, constricted pupils)

## BASE HOSPITAL MAY ORDER THE FOLLOWING

- \*1. For phenothiazine "poisoning", administer diphenhydramine 25mg IVP or 50mg IM for ataxia and/or muscle spasms
- \*2. For tricyclic poisonings, administer sodium bicarbonate 1mEq/kg IVP for tachycardia, widening QRS or ventricular arrhythmias
- \*3. For calcium channel blocker poisonings, administer calcium chloride 1gm (10cc of a 10% solution), if hypotension or bradycardic arrhythmias persist
- \*4. For betablocker poisonings, administer glucagon 1mg IVP
- \*5. Repeat atropine in 2-4mg increments until symptoms are controlled

<sup>\*</sup>May be done during radio communication failure